# Run it Back Track Meet 02

Saint Louis University Sat, Jul 12, 2025

## Results

### #1 Women's 100 Meters Open Finals

| | Athlete | Yr | Team | Seed | Finals |
|---|---|---|---|---|---|
| 1 | Russina, Gabrielle | | UNATTACHED | 12.25 | 12.73 |
| 2 | Wilkes, Mariah | SO | UNATTACHED | | 14.06 |
| 3 | Misiak, Cassandra | | UNATTACHED | | 14.74 |
| 4 | Umfleet, Marie | | UNATTACHED | | 15.75 |
| 5 | Clarke, Hope | | UNATTACHED | | 16.52 |
| -- | Randle, Briana | | UNATTACHED | | DNS |

### #2 Men's 100 Meters Open Finals

| | Athlete | Yr | Team | Seed | Finals |
|---|---|---|---|---|---|
| **Compiled** | | | | | |
| 1 | Bredenkamp, Ayden | 12 | 22-UNATTACHED | 10.34 | 11.02 |
| 2 | Robinson, Garth | | 33-UNATTACHED | 12.00 | 11.47 |
| 3 | Parks, CJ | 12 | UNATTACHED | | 11.56 |
| 4 | Aladdin, Drewd | FR | UNATTACHED | 11.54 | 11.62 |
| 5 | Irving, Alexander | 11 | UNATTACHED | 11.92 | 11.99 |
| 6 | Handzic-Smith, Bek | JR | UNATTACHED | 11.97 | 12.03 |
| 7 | Aubuchon, Steven | SR | UNATTACHED | 10.95 | 12.11 |
| 8 | Safranski, Frank | | 21-UNATTACHED | 11.81 | 12.18 |
| 9 | Ojameruaye, Ochuko | | UNATTACHED | | 12.50 |
| 10 | Handzic-Smith, Kei | 11 | UNATTACHED | 12.16 | 12.59 |
| 11 | Loper, Rishon | | UNATTACHED | | 12.76 |
| 12 | Cannon, Barry | | UNATTACHED | | 16.18 |
| -- | Green, Sam | | UNATTACHED | 14.00 | DNS |
| **Heat 1** | | | | | |
| 1 | Parks, CJ | 12 | UNATTACHED | | 11.56 |
| 2 | Ojameruaye, Ochuko | | UNATTACHED | | 12.50 |
| 3 | Loper, Rishon | | UNATTACHED | | 12.76 |
| 4 | Cannon, Barry | | UNATTACHED | | 16.18 |
| -- | Green, Sam | | UNATTACHED | 14.00 | DNS |
| **Heat 2** | | | | | |
| 1 | Bredenkamp, Ayden | 12 | 22-UNATTACHED | 10.34 | 11.02 |
| 2 | Robinson, Garth | | 33-UNATTACHED | 12.00 | 11.47 |
| 3 | Aladdin, Drewd | FR | UNATTACHED | 11.54 | 11.62 |
| 4 | Irving, Alexander | 11 | UNATTACHED | 11.92 | 11.99 |
| 5 | Handzic-Smith, Bek | JR | UNATTACHED | 11.97 | 12.03 |
| 6 | Aubuchon, Steven | SR | UNATTACHED | 10.95 | 12.11 |
| 7 | Safranski, Frank | | 21-UNATTACHED | 11.81 | 12.18 |
| 8 | Handzic-Smith, Kei | 11 | UNATTACHED | 12.16 | 12.59 |

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### #3 Mixed 4x200 Relay **Open** Finals

| | Team | Relay | Seed | Finals |
|---|---|---|---|---|
| 1 | UNATTACHED RELAY | 'E' | | 1:42.04 |
| 2 | UNATTACHED RELAY | 'B' | | 2:00.14 |
| 3 | UNATTACHED RELAY | 'A' | | 2:01.14 |
| 4 | UNATTACHED RELAY | 'D' | | 2:03.44 |
| 5 | UNATTACHED RELAY | 'C' | | 2:06.72 |

### #4 Women's 800 Meters **Open** Finals

| | Athlete | Yr | Team | Seed | Finals |
|---|---|---|---|---|---|
| 1 | Kovaluk, Nicole | | UNATTACHED | | 2:40.42 |
| | 1:17.68 (1:17.68) 2:40.42 (1:22.75) | | | | |
| 2 | Smith, Anna | | UNATTACHED | | 2:47.36 |
| | 1:18.44 (1:18.44) 2:47.36 (1:28.92) | | | | |
| 3 | Martin, Rose | | UNATTACHED | | 2:48.17 |
| | 1:15.74 (1:15.74) 2:48.17 (1:32.44) | | | | |
| 4 | Fratinardo, Ashley | | UNATTACHED | | 2:51.59 |
| | 1:17.78 (1:17.78) 2:51.59 (1:33.81) | | | | |
| 5 | Reynolds, Colleen | | UNATTACHED | 3:00.00 | 2:54.69 |
| | 1:20.48 (1:20.48) 2:54.69 (1:34.21) | | | | |
| 6 | Devincenti, Sophie | | UNATTACHED | | 3:11.52 |
| | 1:26.45 (1:26.45) 3:11.52 (1:45.08) | | | | |
| 7 | Dickmann, Jenn | | UNATTACHED | 5:00.00 | 3:18.37 |
| | 1:30.09 (1:30.09) 3:18.37 (1:48.28) | | | | |
| -- | Michelle, Kori | | UNATTACHED | | DNS |

### #5 Men's 800 Meters **Open** Finals

| | Athlete | Yr | Team | Seed | Finals |
|---|---|---|---|---|---|
| 1 | Phares, Marshall | | UNATTACHED | 2:10.00 | 2:14.20 |
| | 1:06.63 (1:06.63) 2:14.20 (1:07.57) | | | | |
| 2 | Cochran, Michael | | 22-UNATTACHED | 1:58.77 | 2:15.24 |
| | 1:02.97 (1:02.97) 2:15.24 (1:12.27) | | | | |
| 3 | Marshall, Kevin | | UNATTACHED | 2:17.00 | 2:18.50 |
| | 1:07.32 (1:07.32) 2:18.50 (1:11.18) | | | | |
| 4 | Njuba, Hamie | SR | UNATTACHED | | 2:25.17 |
| | 1:06.31 (1:06.31) 2:25.17 (1:18.86) | | | | |
| 5 | Sallis, Tychicus | | UNATTACHED | | 2:33.15 |
| | 1:10.86 (1:10.86) 2:33.15 (1:22.30) | | | | |

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### #6 Women's 400 Meters Open Finals

| | Athlete | Yr | Team | Seed | Finals |
|---|---|---|---|---|---|
| 1 | Harris, Anastasia | | UNATTACHED | | 1:05.13 |
| 2 | Martin, Rose | | UNATTACHED | | 1:17.53 |
| 3 | Misiak, Cassandra | | UNATTACHED | | 1:21.35 |
| 4 | Tyler, Makayla | | UNATTACHED | | 1:26.16 |

### #7 Men's 400 Meters Open Finals

| | Athlete | Yr | Team | Seed | Finals |
|---|---|---|---|---|---|
| **Compiled** | | | | | |
| 1 | Randel, Brieon | | UNATTACHED | | 53.22 |
| 2 | Hill, Geoff | | UNATTACHED | | 57.24 |
| 3 | Muhammed, Abubakar | | UNATTACHED | | 58.16 |
| 4 | Clark, Josh | | UNATTACHED | | 58.65 |
| 5 | Williams, Cameron | | UNATTACHED | | 1:02.69 |
| 6 | Flenoid, Keion | | UNATTACHED | | 1:02.76 |
| 7 | Phares, Marshall | | UNATTACHED | 1:01.40 | 1:03.50 |
| 8 | Ojameruaye, Ochuko | | UNATTACHED | | 1:04.99 |
| 9 | Thompson, LeAndo | | UNATTACHED | | 1:10.21 |
| -- | Cornelious, Jamal | | UNATTACHED | 1:00.00 | DNS |
| -- | Thomas, Mike | | UNATTACHED | | DNS |
| **Heat 1** | | | | | |
| 1 | Hill, Geoff | | UNATTACHED | | 57.24 |
| 2 | Muhammed, Abubakar | | UNATTACHED | | 58.16 |
| 3 | Ojameruaye, Ochuko | | UNATTACHED | | 1:04.99 |
| 4 | Thompson, LeAndo | | UNATTACHED | | 1:10.21 |
| **Heat 2** | | | | | |
| 1 | Randel, Brieon | | UNATTACHED | | 53.22 |
| 2 | Clark, Josh | | UNATTACHED | | 58.65 |
| 3 | Williams, Cameron | | UNATTACHED | | 1:02.69 |
| 4 | Flenoid, Keion | | UNATTACHED | | 1:02.76 |
| 5 | Phares, Marshall | | UNATTACHED | 1:01.40 | 1:03.50 |
| -- | Cornelious, Jamal | | UNATTACHED | 1:00.00 | DNS |
| -- | Thomas, Mike | | UNATTACHED | | DNS |

### #8 Mixed 4x100 Relay Open Finals

| | Team | Relay | Seed | Finals |
|---|---|---|---|---|
| 1 | UNATTACHED RELAY | 'C' | | 50.02 |
| 2 | UNATTACHED RELAY | 'A' | | 52.20 |
| 3 | UNATTACHED RELAY | 'B' | | 56.23 |
| -- | UNATTACHED RELAY | 'D' | | DNS |

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## Results

### #9 Women's 1500 Meters Open Finals

| | Athlete | Yr | Team | Seed | Finals |
|---|---|---|---|---|---|
| 1 | Sides, Shannon | | UNATTACHED | | 5:33.31 |
| | 1:05.16 (1:05.16) | 2:36.50 (1:31.34) | 4:07.03 (1:30.54) | 5:33.31 (1:26.29) | |
| 2 | Kovaluk, Nicole | | UNATTACHED | | 5:46.35 |
| | 1:05.93 (1:05.93) | 2:40.25 (1:34.32) | 4:18.06 (1:37.82) | 5:46.35 (1:28.29) | |
| 3 | Fratinardo, Ashley | | UNATTACHED | | 5:47.66 |
| | 1:06.32 (1:06.32) | 2:40.68 (1:34.36) | 4:18.59 (1:37.91) | 5:47.66 (1:29.08) | |
| 4 | Reynolds, Colleen | | UNATTACHED | 6:20.00 | 5:54.44 |
| | 1:07.68 (1:07.68) | 2:42.25 (1:34.57) | 4:20.17 (1:37.92) | 5:54.44 (1:34.28) | |
| 5 | Martin, Rose | | UNATTACHED | | 5:54.59 |
| | 1:06.16 (1:06.16) | 2:41.81 (1:35.66) | 4:19.69 (1:37.88) | 5:54.59 (1:34.91) | |
| 6 | Dickmann, Jenn | | UNATTACHED | 8:45.00 | 6:52.80 |
| | 1:14.83 (1:14.83) | 3:04.82 (1:50.00) | 5:00.34 (1:55.52) | 6:52.80 (1:52.47) | |

### #10 Men's 1500 Meters Open Finals

| | Athlete | Yr | Team | Seed | Finals |
|---|---|---|---|---|---|
| 1 | Hill, Geoff | | UNATTACHED | | 5:02.84 |
| | 57.02 (57.02) | 2:16.21 (1:19.20) | 3:40.55 (1:24.34) | 5:02.84 (1:22.30) | |
| 2 | Solomon, Justin | | UNATTACHED | | 5:04.69 |
| | 1:00.19 (1:00.19) | 2:28.40 (1:28.22) | 3:54.88 (1:26.49) | 5:04.69 (1:09.82) | |
| 3 | Halilkanovic, Almir | | UNATTACHED | | 5:33.49 |
| | 1:02.77 (1:02.77) | 2:35.85 (1:33.09) | 4:06.50 (1:30.65) | 5:33.49 (1:26.99) | |
| -- | Cochran, Michael | | 22-UNATTACHED | 4:25.16 | DNS |

### #11 Women's 200 Meters Open Finals

| | Athlete | Yr | Team | Seed | Finals |
|---|---|---|---|---|---|
| 1 | Harris, Anastasia | | UNATTACHED | | 27.45 |
| 2 | Branch, Ebony | | UNATTACHED | | 30.23 |
| 3 | Smith, Anna | | UNATTACHED | | 31.50 |
| 4 | Misiak, Cassandra | | UNATTACHED | | 32.35 |
| -- | Clarke, Hope | | UNATTACHED | | DNS |
| -- | Wright, Zahra | | UNATTACHED | | DNS |
| -- | Russina, Gabrielle | | UNATTACHED | 24.54 | DNS |
| -- | Wilkes, Mariah | SO | UNATTACHED | | DNS |

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### #12 Men's 200 Meters Open Finals

| | Athlete | Yr | Team | Seed | Finals |
|---|---|---|---|---|---|
| **Compiled** | | | | | |
| 1 | Aladdin, Drewd | FR | UNATTACHED | 23.62 | 23.74 |
| 2 | Parks, CJ | 12 | UNATTACHED | | 23.77 |
| 3 | Robinson, Garth | | 33-UNATTACHED | 25.00 | 23.97 |
| 4 | Irving, Alexander | 11 | UNATTACHED | 24.58 | 25.33 |
| 5 | Sallis, Tychicus | | UNATTACHED | | 25.68 |
| 6 | Muhammed, Abubakar | | UNATTACHED | | 25.70 |
| 7 | Flenoid, Keion | | UNATTACHED | | 28.00 |
| 8 | Gibson, Spencer | | UNATTACHED | | 28.05 |
| 9 | Thompson, LeAndo | | UNATTACHED | | 30.57 |
| 10 | Phares, Marshall | | UNATTACHED | 31.00 | 31.97 |
| 11 | Cannon, Barry | | UNATTACHED | | 35.95 |
| -- | Miller, Terence | | UNATTACHED | | DNS |
| -- | Aubuchon, Steven | SR | UNATTACHED | 23.01 | DNS |
| -- | Loper, Rishon | | UNATTACHED | | DNS |
| -- | Safranski, Frank | | 21-UNATTACHED | 25.10 | DNS |
| **Heat 1** | | | | | |
| 1 | Parks, CJ | 12 | UNATTACHED | | 23.77 |
| 2 | Sallis, Tychicus | | UNATTACHED | | 25.68 |
| 3 | Muhammed, Abubakar | | UNATTACHED | | 25.70 |
| 4 | Gibson, Spencer | | UNATTACHED | | 28.05 |
| 5 | Thompson, LeAndo | | UNATTACHED | | 30.57 |
| -- | Miller, Terence | | UNATTACHED | | DNS |
| -- | Loper, Rishon | | UNATTACHED | | DNS |
| **Heat 2** | | | | | |
| 1 | Aladdin, Drewd | FR | UNATTACHED | 23.62 | 23.74 |
| 2 | Robinson, Garth | | 33-UNATTACHED | 25.00 | 23.97 |
| 3 | Irving, Alexander | 11 | UNATTACHED | 24.58 | 25.33 |
| 4 | Flenoid, Keion | | UNATTACHED | | 28.00 |
| 5 | Phares, Marshall | | UNATTACHED | 31.00 | 31.97 |
| 6 | Cannon, Barry | | UNATTACHED | | 35.95 |
| -- | Aubuchon, Steven | SR | UNATTACHED | 23.01 | DNS |
| -- | Safranski, Frank | | 21-UNATTACHED | 25.10 | DNS |

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### #13 Mixed 4x400 Relay **Open** Finals

| | Team | Relay | Seed | Finals |
|---|---|---|---|---|
| 1 | UNATTACHED RELAY | 'A' | | 3:52.30 |
| 2 | UNATTACHED RELAY | 'C' | | 4:05.32 |
| 3 | UNATTACHED RELAY | 'D' | | 4:25.74 |
| 4 | UNATTACHED RELAY | 'B' | | 4:30.15 |
| 5 | UNATTACHED RELAY | 'E' | | 5:50.62 |

### #14 Women's Long Jump **Open** Finals

| | Athlete | Yr | Team | Seed | Finals |
|---|---|---|---|---|---|
| 1 | Umfleet, Marie | | UNATTACHED | | 11-09.00 |

### #15 Men's Long Jump **Open** Finals

| | Athlete | Yr | Team | Seed | Finals |
|---|---|---|---|---|---|
| 1 | Dehmler, Will | | UNATTACHED | | 18-06.00 |
| 2 | Ojameruaye, Ochuko | | UNATTACHED | | 17-11.00 |
| 3 | Williams, Cameron | | UNATTACHED | | 17-02.00 |

### #16 Women's Triple Jump **Open** Finals

| | Athlete | Yr | Team | Seed | Finals |
|---|---|---|---|---|---|
| 1 | Umfleet, Marie | | UNATTACHED | | 23-03.00 |

### #17 Men's Triple Jump **Open** Finals

| | Athlete | Yr | Team | Seed | Finals |
|---|---|---|---|---|---|
| -- | Ojameruaye, Ochuko | | UNATTACHED | | DNS |

### #18 Women's Shot Put **Open** Finals

| | Athlete | Yr | Team | Seed | Finals |
|---|---|---|---|---|---|
| 1 | Taylor, Amani | | UNATTACHED | 41-04.25 | 11.86m |
| | Foul | 11.47m | 11.83m | 11.86m | |
| 2 | Fink, Sabra | 11 | TRIBE | 39-05.75 | 11.79m |
| | 10.78m | 11.79m | Foul | 11.22m | |

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### #19 Men's Shot Put Open Finals

| | Athlete | Yr | Team | Seed | Finals |
|---|---|---|---|---|---|
| 1 | Kimball, Cameron | | UNATTACHED | | 11.84m |
| | Foul | 11.84m | Foul | 9.74m | |
| 2 | Hunter, Brandon | | UNATTACHED | | 11.10m |
| | 10.59m | 11.10m | Foul | 10.79m | |
| 3 | Cornelious, Jamal | | UNATTACHED | 33-01.75 | 10.12m |
| | 10.12m | 8.92m | 9.01m | 9.86m | |

### #20 Women's Discus Open Finals

| | Athlete | Yr | Team | Seed | Finals |
|---|---|---|---|---|---|
| 1 | Taylor, Amani | | UNATTACHED | 148-02.00 | 42.63m |
| | 36.67m | 42.63m | 36.43m | 33.60m | |
| 2 | Fink, Sabra | 11 | TRIBE | 123-01.00 | 37.94m |
| | 36.65m | 36.39m | 37.94m | 37.42m | |

### #21 Men's Discus Open Finals

| | Athlete | Yr | Team | Seed | Finals |
|---|---|---|---|---|---|
| 1 | Kimball, Cameron | | UNATTACHED | 137-10.00 | 41.11m |
| | 41.11m | 40.59m | Foul | 40.01m | |
| 2 | Hunter, Brandon | | UNATTACHED | 98-05.00 | 33.77m |
| | 33.54m | Foul | 33.62m | 33.77m | |
| 3 | Cornelious, Jamal | | UNATTACHED | | 24.80m |
| | Foul | 24.80m | Foul | Foul | |